

## *Creating a Christian Identity*

What I Feel or Think About Myself	What is True About Me According to the Scripture	Scripture References
I am unworthy/unacceptable.	I am accepted/worthy.	Psalms 139; Romans 15:7
I am alone.	I am never alone.	Hebrews 13:5b; Romans 8:38-39
I have no confidence.	I have all the boldness/confidence I need	Proverbs 3:26; 14:26; 28:1; Ephesians 3:12; Hebrews 10:19
I feel responsible for my life.	God is responsible/faithful to me.	Psalms 138:8; Philippians 1:6, 2:13; 2 Thessalonians 3:3
I am confused/think I am going crazy.	I have the mind of Christ.	1 Corinthians 2:16; 2 Timothy 1:7; Ephesians 1:17
I am depressed/hopeless.	I have all the hope I need.	Psalms 27:13, 31:24; Romans 15:13, Romans 5:5; Hebrews 6:19
I am not good enough/imperfect	I am perfect in Christ.	Hebrews 10:14; Colossians 2:10; Ephesians 2:10
There is nothing special about me.	I have been chosen/set apart by God	Psalms 139; 1 Corinthians 1:30, 6:11; 2 Thessalonians 2:13
I don't have enough.	I have no lack.	Psalms 23:1; Philippians 4:19
I am a fearful/anxious person.	I am free from fear.	Psalms 34:4; 2 Timothy 1:7; 1 Peter 5:7; 1 John 4:18
I lack faith.	I have all the faith I need.	Romans 10:17; 12:3; Hebrews 12:2
I am a weak person.	I am strong in Christ.	Daniel 11:32; Isaiah 58:11; Philippians 4:13
I am defeated.	I am victorious.	Romans 8:37; 2 Corinthians 2:14; 1 John 5:4
I am not very smart.	I have God's wisdom.	Proverbs 2:6-7; 1 Corinthians 1:30; Ephesians 1:17
I am in bondage.	I am free in Christ.	Psalms 32:7; 2 Corinthians 3:17; 1 John 8:36
I am miserable.	I have God's comfort.	1 John 16:7; 2 Corinthians 1:3-4
I have no one to take care of me.	I am protected/safe.	Psalms 32:7; Psalms 91
I am unloved.	I am very loved.	1 John 15:9; Romans 8:38-39; Ephesians 2:4, Ephesians 5:1-2
I am unwanted/I don't belong to anyone.	I have been adopted by God. I am His child.	Romans 8:16-17; Galatians 4:5; Ephesians 1:5; 1 John 3:1-2
I feel guilty.	I am totally forgiven/redeemed.	Psalms 103:12; Ephesians 1:7; Colossians 1:14,20; Colossians 2:13-14; Hebrews 10:10
I am a sinner.	I have been declared holy, righteous & justified. I am a saint.	Romans 3:24; 1 Corinthians 1:30, 6:11; 2 Corinthians 5:21
I have no strength	I have God's power. I am indwelt with the Holy Spirit.	Acts 1:8; Romans 8:9-11; Ephesians 1:19, Ephesians 3:16
I can't reach God.	I have direct access to God as a believer-priest.	Ephesians 2:6; Hebrews 10:19-20; 1 Peter 2:5, 9
I feel condemned.	I am uncondemned/blameless.	1 John 3:18; Romans 8:1; Colossians 1:22
There is no direction/plan.	God does direct my life/He has a plan for me.	Psalms 37:23, 138:8; Jeremiah 29:11; Ephesians 2:10
I feel like nothing will ever change.	I've been given a brand new life.	2 Corinthians 5:17; Ephesians 4:22-24
I am afraid of Satan.	I have authority over Satan.	Colossians 1:13; 1 John 4:4; Revelation 12:11
Sin overpowers me.	I am dead to sin.	Romans 6:6, 11, 17-18
I feel like a failure/inadequate.	I am adequate.	2 Corinthians 3:5-6; Philippians 4:13