

### What's Filling You Up Homework (October):

- Read My Heart Christ's Home Pamphlet.

### 3<sup>rd</sup> Week Small Group Suggested Questions

1. Group Leader can decide which icebreaker to use: (Only spend 10 min)
  - a. Each member share what their high's and low's have been for the week.
  - b. Give the forecast for your personal weather: rainy, cloudy, sunny, blizzard, hurricane, etc.
  - c. Describe your week uses terms you would use in food preparation and cooking. Ex: burnt, the cake did not rise, my soufflé turned out perfect, just right not too salty and not too bland, etc.
2. The remainder of questions relate to the pamphlet My Heart, Christ's Home by Bob Munger. Bob Munger in his book My Heart Christ's Home, identifies different rooms inside of our heart where it might be difficult for one reason or another to let Christ in. Small Group Leaders feel free to pick and choose which questions to ask or create your own questions.
3. As a group, list all the rooms that are addressed in My Heart, Christ's Home. Decide as a group which ones to discuss in order of importance. This will help your group cover the most important topics before you run out of time.

### The Study

4. What does "study of the mind" mean? What does "it is the control room of the house" mean?
5. A study is a place where we use our mind. Sometimes the mind can think great thoughts. Other times it can be a place where thoughts come in that should not be there, and they contaminate our thinking. In Munger's book, what does the author find "embarrassing" when he brings Jesus into the study?
6. What does Jesus give the author to hang on his wall? How is this helpful to him? What ways have you found to "keep your eyes on Jesus" when the day gets hectic and crammed full of activity? Or when you begin to think thoughts that do not build you up?
7. How does knowing Scripture help to focus the mind? Have you ever had a Scripture pop into your mind at just the right moment, right when you needed it? Did the Scripture help you to focus on Jesus?

### Dining Room

8. Why do you think Munger made the dining room be such a large room?

9. What were some of the main characters favorite dishes? How did Jesus respond when served these items? (See question 10)
10. Jesus says “My food, is to do the will of him who sent me,” in John 4:34. The context of this verse is that he has just finished talking with a Samaritan (people despised by the Jews) woman (unheard of to speak to a woman – especially not one who was a Samaritan). This interaction with the woman got her so excited that she brought the whole town out to see Jesus. “Many of the Samaritans believed in him ...” the scripture tells us “because of the woman’s testimony.” This is what Jesus lived for, and it is what gave Jesus life (his food!) - to bring others’ into a deep personal relationship with him, and reveal who God was. Jesus died to give us the gift of friendship with God. Martin Luther King said that “If we don’t have anything worth dying for, we don’t have anything worth living for.”
- How does this kind of passion, when centered on Jesus, move aside every other desire?
  - What is it that you consider worth dying for?

#### The Living Room

11. What does your intimate time with Jesus look like? How has this time shaped you? (Remember Jeannie Short’s advice from retreat and don’t get stuck on the “should.”)

#### The Work Room

12. How does Jesus encourage us with John 15:5?

#### The Rec Room

13. When you think of Christians, is the image that comes to mind one of particularly joyful people? Who do you think have more fun, Christians or Others?
14. Do you think God really ultimately cares about how we spend our FREE time? Does God want us to have fun?
15. C.S. Lewis tells us that “Joy is the serious business of heaven.” Based upon this, and John 15:11 and John 17:13, how might we more regularly practice joy in our day to day lives? Is joy something we can nurture, or is it just spontaneous?
- “I have told you this so that my joy may be in you and that your joy may be complete.” John 15:11
  - John 17:13 is that he wants us to have “the full measure of my joy within them

### The Bedroom

16. “Armed with his strength, I wanted to love my wife with all my heart, always. But I had much to learn about love, much to learn about Christ’s kind of love. Soon I became aware that I was not giving myself to her as he had given himself to me – that is, putting her welfare and happiness above my own. I learned that there was more than one way to be unfaithful to my wife.”
- a. From a wife’s perspective, how can we love our husbands as God desires?
  - b. If you are single, what is God’s desire for your bedroom?

### The Family Room

17. What is the main point of the Family Room in Munger’s book? How has your personal fellowship with other believers impacted your life?

### The Kitchen

18. Highlight the important things to remember when serving Christ...aka “cooking in the kitchen.”

### The Hall Closet

Jesus said “There is nothing concealed that will not be disclosed, or hidden that will not be made known.” Matthew 10:26

19. This is an interesting section. Munger actually gets mad at Jesus. Why is this? Have you ever gotten angry at God? For what reason?
20. Why do you think there was such a desire on the part of Munger to keep the smelly rotten stuff that was in the closet? Is it unfair that Jesus would demand access to every part of the house, even the little tiny closet?
21. Have you ever clung to something that you knew was not good for you, but you just couldn’t give it up? If you can, share this experience with the group.
22. The closet isn’t very big – it is dark and small – but still able to harbor an enormous stink. Small areas of our lives can be just as putrid, though well hidden, as big huge displays of evil. Sometimes the small things are worse by virtue of the fact that they are hidden. It is significant that even though Munger gives Jesus the keys to the closet, he then acknowledges that he just does not have the energy to clean it out. Why might this be? How does Jesus respond? Does it take very long for transformation to occur?
23. Have you ever experienced Jesus “cleaning out a closet” in your life? (ex: perhaps it was someone you needed to forgive and the resentment was rotting, or a calling you had stashed away that was going “bad” because it wasn’t being used ... etc.)

## Transferring the Title

“Therefore I urge you, brothers, in view of God’s mercy, to offer your bodies as living sacrifices, holy and pleasing to God – this is your spiritual act of worship.” Romans 12:1

24. Our bodies, our lives, our minds, our spirits are all gifts from God. Why must we give them back to God? Why doesn’t He just barge in and take over?

25. Munger makes a distinction between Jesus being a guest in our lives, and Jesus actually owning the whole house. How does this play out in real life? For instance, if Jesus is a guest perhaps He hasn’t been given access to every room, etc.

26. It is a great relief to Munger when Jesus declares that he will keep the house clean, once given the title. Is there any need for relief in your own Christian life? Have you been trying really hard in one area or another to do things on your own, forgetting that Jesus is there to do it for you?

“It is not by power, or by might but by my Spirit,” says the Lord. (Zechariah 4:6)

The big difference between Christianity and other religions is that Christianity is not about what we do; it is all about what Jesus does through us. All He needs is our surrender to his will and presence.

27. How might handing over the title, with the acknowledgment that we can’t handle what needs to be done, be difficult?

28. On the other hand, how does handing over the title allow us to trust God more completely and enjoy life more fully? Is it easy to take back the title after we give ourselves over to God? How might you have noticed this happening in your own life?

29. Munger talks about peace; about “settling down” with Jesus as owner. Are we good at settling down? Is it possible to operate in this life, in these days, with a deep centered peace?

As a group, join together in silent prayer, asking Jesus to come in and clean out any area of your life that has not been surrendered to him completely. Then ask him to fill that place inside of you with his wonderful presence.